

PK KB WV L 26: Session: 1: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Debecker Thomas

Coaches: Claerhout John

Coaches: Moerman Pieter

Coaches: Van der Elst Astrid HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M BUTTERFLY WOMEN 13+							Heat:1, starttime: 09:00	
Heat: 1/1 Lane : 5 Athlete: DEBECKER CHARLOTTE							Q-time: 02:29:46	
PB (25m pool): 02:29.21 Brugge 20/10/2024				PB (50m pool): 02:31.75 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.53		01:13.48		01:52.42		02:29.21
	00:34.53		00:38.95		00:38.94		00:36.79	
								

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:2, starttime: 09:07
Heat: 2/14 Lane : 3 Athlete: SCHEIRLINCKX CLEMENT				Q-time: 01:27:99	
PB (25m pool): 01:27.99 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:32.72 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.75		01:27.99	
	00:39.75		00:48.24		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+							Heat:3, starttime: 09:09	
Heat: 3/14 Lane : 6 Athlete: DE RYCK ALEXANDER							Q-time: 01:20:72	
PB (25m pool): 01:20.72 Zwembad De Treffer 06/04/2026							PB (50m pool): 01:17.76 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:38.64		01:20.72				
	00:38.64		00:42.08					
								

Coach feedback:

PK KB WV 26: Session: 1: COACH evaluation sheet for TEAM: DMI

Event number: 2: 100M FREESTYLE MEN 11+					Heat:3, starttime: 09:09
Heat: 3/14 Lane : 9 Athlete: DEHONDT TUUR					Q-time: 01:26:84
PB (25m pool): 01:26.84 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:25.59 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.94		01:26.84	
	00:40.94		00:45.90		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:4, starttime: 09:11
Heat: 4/14 Lane : 2 Athlete: DE BUSSCHER VIC					Q-time: 01:17:64
PB (25m pool): 01:17.64 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:14.73 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.35		01:17.64	
	00:35.35		00:42.29		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:5, starttime: 09:13
Heat: 5/14 Lane : 0 Athlete: DECLERCQ IAN					Q-time: 01:14:59
PB (25m pool): 01:14.59 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:17.45 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.54		01:14.59	
	00:35.54		00:39.05		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:5, starttime: 09:13
Heat: 5/14 Lane : 1 Athlete: GHYSELBRECHT BENT					Q-time: 01:13:85
PB (25m pool): 01:13.85 Zwevegum 31/05/2026 PB (50m pool): 01:12.64 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.48		01:13.85	
	00:35.48		00:38.37		
					

Coach feedback:

PK KB WV 26: Session: 1: COACH evaluation sheet for TEAM: DMI

Event number: 2: 100M FREESTYLE MEN 11+					Heat:5, starttime: 09:13
Heat: 5/14 Lane : 3 Athlete: VANKEMMELBEKE HECTOR					Q-time: 01:11:94
PB (25m pool): 01:11.94 Ieper 04/01/2026					PB (50m pool): 01:11.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.16		01:11.94	
	00:34.16		00:37.78		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:9, starttime: 09:19
Heat: 9/14 Lane : 6 Athlete: SYRYN JASPER					Q-time: 01:04:49
PB (25m pool): 01:04.49 Zwevegem 31/05/2026					PB (50m pool): 01:03.13 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.72		01:04.49	
	00:30.72		00:33.77		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:10, starttime: 09:21
Heat: 10/14 Lane : 0 Athlete: VANHOORNE ARNO					Q-time: 01:03:09
PB (25m pool): 01:03.09 Zwevegem 31/05/2026					PB (50m pool): 01:04.18 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.03		01:03.09	
	00:30.03		00:33.06		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:11, starttime: 09:22
Heat: 11/14 Lane : 4 Athlete: VANVYAENE MATTHYS					Q-time: 00:58:79
PB (25m pool): 00:58.79 Diksmuide 12/10/2025					PB (50m pool): 00:58.79 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.37		00:58.79	
	00:28.37		00:30.42		
					

Coach feedback:

PK KB WV 26: Session: 1: COACH evaluation sheet for TEAM: DMI

Event number: 2: 100M FREESTYLE MEN 11+					Heat:12, starttime: 09:24
Heat: 12/14 Lane : 5 Athlete: DEBECKER MATHEO					Q-time: 00:56:99
PB (25m pool): 00:56.99 Zwevegem 31/05/2026					PB (50m pool): 00:57.26 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.60		00:56.99	
	00:27.60		00:29.39		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:13, starttime: 09:25
Heat: 13/14 Lane : 8 Athlete: SINNAEVE MIRKO					Q-time: 00:56:38
PB (25m pool): 00:56.38 Zwembad De Treffer 06/04/2026					PB (50m pool): 00:56.36 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.83		00:56.38	
	00:26.83		00:29.55		
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 09:29			
Heat: 1/10 Lane : 0 Athlete: NAESSENS ANKE					Q-time: 04:01:64			
PB (25m pool): 04:01.64 Veurne 19/10/2025					PB (50m pool): 03:43.80 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:57.92		no time		no time		04:01.64
	00:57.92							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+					Heat:1, starttime: 09:29			
Heat: 1/10 Lane : 3 Athlete: SCHEIRLINCKX ELéONORE					Q-time: 03:23:47			
PB (25m pool): no time					PB (50m pool): 03:31.14 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 09:29	
Heat: 1/10 Lane : 7 Athlete: DE COOMAN NORA							Q-time: 03:41:11	
PB (25m pool): 03:41.11 DIKSMUIDE 30/11/2025				PB (50m pool): 03:46.22SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:55.81		01:49.65		02:51.61		03:41.11
	00:55.81		00:53.84		01:01.96		00:49.50	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:33	
Heat: 2/10 Lane : 8 Athlete: VAN COLEN MAëLYNE							Q-time: 03:15:83	
PB (25m pool): 03:15.83 Diksmuide 28/12/2025				PB (50m pool): 03:20.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.95		01:35.89		02:31.84		03:15.83
	00:45.95		00:49.94		00:55.95		00:43.99	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:33	
Heat: 2/10 Lane : 9 Athlete: VANDROOGENBROECK CHEYENNE							Q-time: 03:16:76	
PB (25m pool): 03:16.76 DIKSMUIDE 30/11/2025				PB (50m pool): 03:18.02 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.96		01:35.15		02:31.79		03:16.76
	00:45.96		00:49.19		00:56.64		00:44.97	
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:2, starttime: 10:06
Heat: 2/5 Lane : 2 Athlete: VANKEMMELBEKE HECTOR				Q-time: 01:31:31	
PB (25m pool): 01:31.31 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:32.64 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.96		01:31.31	
	00:42.96		00:48.35		
					

Coach feedback:

PK KB WV 26: Session: 1: COACH evaluation sheet for TEAM: DMI

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:09
Heat: 3/5 Lane : 7 Athlete: VANVYAENE MATTHYS					Q-time: 01:23:47
PB (25m pool): 01:23.47 Eeklo 21/09/2025					PB (50m pool): 01:32.35 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.04		01:23.47	
	00:39.04		00:44.43		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:09
Heat: 3/5 Lane : 8 Athlete: VANHOORNE ARNO					Q-time: 01:24:28
PB (25m pool): 01:24.28 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:27.26 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.30		01:24.28	
	00:39.30		00:44.98		
					

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+					Heat:1, starttime: 10:39			
Heat: 1/4 Lane : 2 Athlete: HOSTE SKYE					Q-time: 03:00:53			
PB (25m pool): 03:00.53 Meulebeke 10/05/2026					PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.49		01:27.94		no time		03:00.53
	00:41.49		00:46.45					
								

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+					Heat:4, starttime: 10:51			
Heat: 4/4 Lane : 4 Athlete: DEBECKER CHARLOTTE					Q-time: 02:19:38			
PB (25m pool): 02:19.38 Zwembad De Motte 14/07/2026					PB (50m pool): 02:27.93 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.52		01:07.88		no time		02:19.38
	00:32.52		00:35.36					
								

Coach feedback:

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Event number: 5: 200M BACKSTROKE WOMEN 13+							Heat:4, starttime: 10:51	
Heat: 4/4 Lane : 7 Athlete: DHAESELEER FRAN							Q-time: 02:24:34	
PB (25m pool): 02:24.34 Meulebeke 10/05/2026				PB (50m pool): 02:31.93SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.61		01:10.53		no time		02:24.34
	00:34.61		00:35.92					
								

Coach feedback:

Event number: 6: 400M FREESTYLE MEN 13+							Heat:2, starttime: 11:01	
Heat: 2/4 Lane : 0 Athlete: SYRYN JASPER							Q-time: 04:54:97	
PB (25m pool): 04:54.97 Meulebeke 10/05/2026				PB (50m pool): 05:09.90SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.62		no time		02:27.09
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:54.97
								

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+										Heat:1, starttime: 11:17	
Heat: 1/7 Lane : 0 Athlete: DE COOMAN NORA										Q-time: 00:58:82	
PB (25m pool): 00:58.82 WAREGEM 27/09/2025										PB (50m pool): 00:54.00 SB: no time	
	2 5 M		5 0 M								
PB			00:58.82								
			00:58.82								
											

Coach feedback:

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Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 11:17
Heat: 1/7 Lane : 7 Athlete: NAESSENS ANKE			Q-time: 00:52:23
PB (25m pool): 00:52.23 WAREGEM 27/09/2025			PB (50m pool): 00:52.33 SB: no time
	2 5 M	5 0 M	
PB		00:52.23	
		00:52.23	
			

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 11:18
Heat: 2/7 Lane : 7 Athlete: VANDROOGENBROECK CHEYENNE			Q-time: 00:43:41
PB (25m pool): 00:43.41 WAREGEM 27/09/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.41	
		00:43.41	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 11:31
Heat: 4/4 Lane : 0 Athlete: DEBECKER MATHEO			Q-time: 00:30:28
PB (25m pool): 00:30.28 Aarschot 27/07/2026			PB (50m pool): 00:31.59 SB: no time
	2 5 M	5 0 M	
PB		00:30.28	
		00:30.28	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 11:31
Heat: 4/4 Lane : 9 Athlete: SINNAEVE MIRKO			Q-time: 00:30:56
PB (25m pool): 00:29.45 Brugge 20/10/2024			PB (50m pool): 00:30.56 SB: no time
	2 5 M	5 0 M	
PB		00:29.45	
		00:29.45	
			

Coach feedback: